

Let Us Count The Ways . . .

You can access the Putting Evidence Into Practice resources

• **ONS website**

All the materials for your use are free and are available organized by patient problem/symptom. Information is categorized so that you can quickly see what is and is not recommended for practice based on the quality of the evidence. To access the information go to www.ons.org, click on the “I want to find” tab, and select Putting Evidence Into Practice Resources. Each PEP topic (such as Anorexia, for example, as illustrated in the links below) has its own dedicated page that includes the following information:

- **PEP Quick Views** – Listing of all interventions on one page categorized according to recommendations for use in practice
- **Definitions** of relevant terms
- **Tables** summarizing the evidence found for all types of interventions (research studies, guidelines, meta-analyses)
- Detailed information about **measurement tools** related to the topic
- **Expert opinion** information
- Links to obtain freely available **articles** that review the topic and the evidence
- **Reference** lists

• **Putting Evidence Into Practice book**

Print - This best-selling book collects all the PEP resources in one volume with case studies, resources, and more. You can purchase the print copy of the book online, or through any local booksellers or online vendors such as Amazon.com.

eBook - You can purchase an electronic copy of the PEP book to download to your laptop or desktop. Content is available in complete book format or for as low as \$5.99 for individual PEP cards or chapters.

• **PEPID Oncology Nursing Suite**

Developed with ONS, this fully integrated informatics tool allows you to quickly retrieve critical information on IV compatibility, drip rates, and narcotic equianalgesic dosing. PEPID ONS includes PEP Resources. For more information or a free trial, visit www.pepid.com.

• **iPhone PEP Application**

Now you can download an application to put PEP cards on your iPhone. You can purchase cards for \$1.99 each. Visit the iTunes store at www.apple.com/itunes/.

• **I Have Cancer. Now What? booklet**

I Have Cancer. Now What? is designed for patients and provides information and resources to guide them through diagnosis, treatment, and follow-up. You can purchase the book online through ONS.

• **www.thecancerjourney.org**

A site for anyone who is dealing with cancer and its symptoms, www.thecancerjourney.org was developed by ONS to give patients with cancer tips for managing side effects, such as fatigue, nausea and vomiting, pain, depression, and eating problems as well as a way to find resources to manage other aspects of the cancer experience.

