Putting Evidence Into Practice (PEP): What’s New in Radiodermatitis

Changes since prior topic update

Last topic update: May 10, 2017

The following new interventions were reviewed:

- Hydrosorb
- Low level laser therapy
- Therapeutic touch
- Topical melatonin

The team consensus was to categorize each as *Effectiveness Not Established* based on the available evidence.

The following intervention was categorized as *Likely To Be Effective*, which is a change from prior review:

- Topical steroids: New evidence from a large double-blind randomized controlled trial showed lower incidence of radiodermatitis above grade 1 with topical steroid. Based on this evidence, the team updated the category from *Effectiveness Not Established* to *Likely To Be Effective*.

The following intervention was categorized as *Likely To Be Effective*, which is consistent with prior review:

- Topical steroids for pruritis

The following intervention was categorized as *Recommended For Practice*, which is consistent with prior review:

- Use of deodorant