National Resources for Individualized Physical Activity Plans for Cancer Survivors

**LIVESTRONG at the YMCA**
This is a 12-week, small group program designed for adult cancer survivors

**American College of Sports Medicine ProFinder®**
[http://members.acsm.org/source/custom/Online_Locator/OnlineLocator.cfm](http://members.acsm.org/source/custom/Online_Locator/OnlineLocator.cfm)
Select “ACSM/ACS Certified Cancer Exercise Trainer” in the Certification/Registry Level drop down box to find a trainer near you.